

September Lunch psn



Monday	Tuesday	Wednesday	Thursday	Friday
No School Labor Day 1	BBQ Chicken with Cheesy Rice Tomatoes and Pinto Beans Fresh Local Nectarine 2	Spaghetti and Meatballs (DF) Sghetti Marinara with Parmesan (VG) Local Sweet Potatoes Fresh Banana 3	Cheese Pizza (VG) Shredded Lettuce and Sliced Tomatoes with Ranch Fresh Local Peach 4	Pasta Alfredo (VG) Local Corn Fresh Pear 5
Buffalo Chicken Sandwich Local Corn Fresh Apple 8	Chicken Fajita Burrito Steamed Carrots Fresh Local Nectarine 9	Chicken Teriyaki with Brown Rice (DF) Local Braised Greens Fresh Banana 10	Chicken Mole Rojo (DF) Broccoli Florets and Black Beans Fresh Local Peach 11	Veggie Chili (VG) Local Green Beans Fresh Pear 12
Bean and Cheese Quesadilla (VG) Local Sweet Potatoes Fresh Pineapple 15	Spaghetti Marinara with Parmesan (VG) Broccoli Florets Fresh Pear 16	Cheese Enchiladas (VG) Local Corn Fresh Banana 17	Chicken Taco Trio Tomatoes and Black Beans Fresh Local Apple 18	All Natural Cheeseburger Local Green Beans with Ranch Fresh Orange 19
Cheese Lasagna (VG) Local Corn Fresh Pineapple 22	BBQ Chicken Sandwich Carrots and Pinto Beans Fresh Pear 23	Cheesy Chicken Quesadilla Local Green Beans Fresh Banana 24	Sausage Pizza Shredded Lettuce and Sliced Tomatoes with Ranch Fresh Local Apple 25	BBQ Meatballs with Cheesy Rice Local Sweet Potatoes Fresh Orange 26
Macaroni and Cheese with Baked Beans (VG) Local Corn Fresh Pineapple 29	Spaghetti and Meatballs (DF) Shredded Lettuce and Sliced Tomatoes with Ranch Fresh Pear 30	Growing Healthy Schools Week! September 29th- October 3		World School Milk Day Sept 25th!!



Lunch: choice of 1% or fat-free milk
 All grains served are whole grain-rich
 Dairy-free (DF) and vegetarian (V) menu items available daily – if not listed on the menu, then available upon request.
 This institution is an equal opportunity provider.

real food for all™